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**From:**  
**Sent:** Wednesday, 28 October 2015 3:08 PM  
**To:** MB\_Contact  
**Subject:** CREF\_14445 Issues Paper and submissions: Have Your Say

Your online 'have your say' submission paper isn't working. I filled it out twice, lost everything the first time.

The form highlights in red the section which says Please enter your comments (maximum 500 words). My comments are much less than 500 words.

The form won't send so fortunately, the second time around, I copied each answer to this email. See below.

#### Topic A

Retreat time healing courses that enable people to go deep into their feelings and past without having to return to work/home/life in an hour.

Most psychologists are only or mainly trained in Cognitive Behavioural Therapy CBT and this doesn't deal with childhood trauma. Many tell clients to deal with their trauma in this way which is extremely unhelpful and damaging.

Many psychiatrists prescribe anti-depressants and other drugs instead of assisting clients to deal with their childhood trauma issues.

#### Topic B

I have worked in a remote Aboriginal community [REDACTED] and sent five Aboriginal women to NSW to do a Heal for Life healing week. There was an Aboriginal facilitator for this Aboriginal specific healing week.

All the women found it life changing. One got a job when she returned, for the first time in her life, and remains in this role [REDACTED]. She and another were mothers of teenage boys [REDACTED]

#### Topic C

Too much money is wasted on traditional service models.

More needs to be spent on funding local Aboriginal solutions. Community owned solutions

#### Topic D

More needs to be spent on treating perpetrators.

Only treating survivors is only treating half the problem.

Many survivors are also perpetrators.

If you don't offer treatment to perpetrators, they have no options available to them to stop their behaviour.

90% of perps were themselves sexually abused as children (Briggs 1992)

90% of perps are known to the victim, often a family member

Treatment is the key to stemming the tide

#### Topic E

Heal for Life, in the Hunter Valley, NSW, is a perfect example of an underfunded, unrecognized highly effective residential treatment model.

Independent research has indicated more than 95% of participants found it extremely positive or life changing.

I can attest to that since I found my healing week there life changing and I continue to use it's trauma informed care model in my everyday life.

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Kind regards