

Conversation started March 20



3/20, 12:01pm **Yoga Sandhan** Dear  I'm writing to let you know that the ashram has been independently contacted by external legal advisors informing us that the Satyananda Yoga Mangrove facebook page is in breach of social media regulations and that we are legally obliged to shut it down. The conversation regarding Mangrove's history and the abuse will be hidden and all individual comments to the page will be blocked until we are clear on how to manage the page. An account of Mangrove's history and the abuse that happened at the ashram is being written and will be posted to Mangrove's web page before Easter. In the mean time direct channels of communication remain open if you wish. Kind regards

Yogasandhan

May 15



5/15, 10:28pm **Yoga Sandhan** Dear  How are you? I would like to extend to you personally the Survivor Support Pack that the ashram has put together with the hope of meeting the needs of the survivors of abuse that happened under Akhandananda. This includes a variety of services, some are free services which have been recommended to us by people who have found them to be beneficial, others are paid services which the ashram can find. We realise that some people would like to see this matter handled legally and therefore services along those have also been included. You and your family are welcome to take up any of the services offered and we want to be clear that the ashram will support whichever avenue someone feels is appropriate for them. I hope this will be of some benefit to you, those you love and those who love you. Warm regards,

Yogasandhan [download Survivor Support Pack.pdf](#)