

From: "Katie Hinshelwood"

Date: Tuesday, 3 December 2013 11:55:30 AM Australian Eastern Daylight Time

To: "Yogasadhan Saraswati" , "Chintanshuddhi Saraswati" , "Kriyatma - Satyananda Yoga"

Cc:

Subject: Facebook comments by Tim Clarke

Hari Om,

Below, in italics are comments from Tim Clarke. He has now been banned from using Satyananda Yoga Mangrove Facebook page.

Yogachakra

"All I can say is be verry verry careful of your children at this place. It troubles me to see this starting again with kids here, I grew up here in the early 80's and you do not want to trust these people however well intentioned with your children. Or do none of you remember Akhandanand and Shishy and what they were responsible for. I guess you had to be a kid to really get it. Drove Satyananda to his grave IMO, he was never the same after what those violent pedophiles did to us."

"This is the place where as a child I was beaten and abused by Swami Akhandananda whom also abused teenage girls sexually whom were also in the care of Satyananda Ashram. This place was built on a dark past of eliciting all of the possessions / money of people like my parents whom were devoted followers, telling them how good the place was for me then beating me and treating me like an animal. I really hope you enjoy this place that "holds the candle of true yoga" because a lot of good people were misled, abused and had everything swindled from them in order that you have a holiday camp. I thank Satyananda though for feeding me when they almost starved me to death during one of his visits. They locked me in a room because I was sick and didn't feed me for a week. I was 13/14. This was the place where as a child I was forced to work like a slave building all of those beautiful gardens. The tires they are built out of I carried up that hill 12+ hrs a day by myself. Semi trailer loads full, that was my "sadhana" and I was beaten with a lump of wood (6 x 4) if I was late, that by the way was the "sadhana" of the Swami whom beat me. I could go on but I won't. The scary thing here is that I recognise the mania that drove the adult population at the time. I told people the horrible things that were going on and the devotees made excuses for not helping kids in need. When children were being abused their blind devotion stopped them from protecting those that were in trouble, they let a paedophile get away with absolute atrocities against us. At least these animals could acknowledge the wrong that was done, instead they have denied anything happened, systematically buried all history of what these animals did and relaunched the place as a spiritual home. This place will be rotten to the core till the end because it is built on terrible foundations. Some of the people still in residence today as Swami's were there during this time and they know of the dark past of Satyananda Ashram. Built by tricking honest people out of their life savings, built on paedophilia and child abuse. And thats when it all came crashing down. This is not the ""spiritual home of yoga" it is a system that failed to help its own children (yes the ashram was my legal guardian) and failed its disciples miserably. I can never forget the harm that was done to me there nor the evil that was done to my friends either. My advice - You do not need to lock yourself away in an Ashram to learn and understand Yoga, you do not need to give everything to a cause, never ever take abuse from anyone."