

*The following message was sent to all initiates on Mangrove's database to put the conversations on Facebook into context. Sent 06.03.14*

Hari Om,

In light of certain recent events and as we move towards Mangrove's 40<sup>th</sup> anniversary celebrations we wanted to personally write to all initiates connected with Mangrove Yoga Ashram, to provide information on some incidents from the ashram's past.

The ashram experienced some troubled years during the late 1970s and 80s which are addressed in this email. These past events were widely reported in the press at the time and are well known to many. However, more than 20 years on, these incidents are unknown to those who are newer to the tradition. These issues are sensitive and we acknowledge that revisiting them may trigger difficult emotions; for this we sincerely apologise.

For a brief account of events of the past and information on current actions and plans that acknowledge these events please [click here](#).

In celebrating our 40<sup>th</sup> anniversary we have been planning ways to bring Mangrove's full history into the light so each part can be acknowledged as contributing to the whole picture that we see today. We are sincerely seeking to peacefully address past wounds, celebrate the present and look toward to the future.

Since the early 1990s new management has moved the Ashram into the future establishing the Satyananda Yoga Academy as a Registered Training Organisation, which has trained hundreds of yoga teachers and students. Each year we open our gates to thousands of visitors looking to learn, to volunteer, to rest or follow a spiritual path. Ours is a modern ashram that has taken lessons from the past; to ensure a positive future, we are continuously evolving to ensure a relevant and positive place in society.

We hope that you can be part of this and invite you all to attend the Easter program, [click here for more information](#).

Om & Prem

Suryamitra, Gurubhakta & Yogasandhan (Mangrove Management Committee)

On behalf of Mangrove Yoga Ashram