

I am writing this letter knowing ~~we~~ well that no matter what I say, ~~to~~ you will most likely never take responsibility for what you did to me and many other girls. But I'm past ~~caring~~ keeping my thoughts hidden ~~for~~ ~~be~~ and since you seem to have ~~just~~ escaped any ~~sort of~~ ~~consequences~~ punishment for your actions I want you to know the impact your physical & mental abuse has had on my life.

As for your comment on T.V. stating that you wish people would stop 'Blaming' you for what is wrong ~~with~~ their life was a ~~load of~~ ~~to~~ so typical of you. I ~~spent~~ ~~my~~ ~~teenage~~ ~~years~~ ~~wondering~~ ~~what~~ ~~it~~ ~~was~~ ~~that~~ ~~was~~ ~~going~~ ~~on~~ ~~with~~ ~~you~~ ~~and~~ ~~not~~ ~~knowing~~ ~~me~~ I have not seen you since I was 14 yrs old. ~~and~~ ~~decided~~ ~~you~~ ~~have~~ ~~no~~ ~~care~~ ~~as~~ ~~to~~ ~~how~~ ~~my~~ ~~life~~ ~~went~~ ~~down~~ ~~what~~ ~~happened~~ ~~to~~ ~~me~~ ~~since~~ ~~then~~ If it wasn't for what ~~to~~ ~~you~~ did to me, you would ~~still~~ ~~be~~ ~~still~~ be unaware of what happened ~~to~~ to me. ~~nor~~ ~~would~~ ~~you~~ ~~care~~ ~~besides~~ I ~~can~~ ~~make~~ ~~an~~ ~~guess~~ ~~that~~ ~~guessed~~ that you wouldn't even remember who I was & what you did. Apparently I was right.

I have lived my life wondering what was wrong with me. Why am I so uncomfortable in my own skin? Why did I decide to leave swimming? Why do I care so much about ~~my~~ what people

think of ~~me~~? Why am I so fat and ugly?
 - I wish I was someone else, I wish I was dead.
 And believe me when I say I would be if
 I'd have done it right.

When I knew you all those years
 ago, you were ~~the~~ my idol. I thought you
 were great and anything you said to me
~~as ~~the~~~~ was taken seriously. ~~I believed in~~
~~everything ~~and~~ everything you said. you were~~
~~my~~ ~~idol~~ I did ~~in~~ myself. I looked up to you
 & I guess it ^{was} sort of in a fatherly/brotherly
 sort of way.

~~I remember~~ ~~back to~~ The last
 year that I was swimming & I remember
~~feeling~~ ~~a lot of~~ ^{a lot of} hate & anger. ^{forward you} I didn't
 love ~~swimming~~ ~~the feeling of~~ diving into
 the pool & feeling like nothing could stop
 me. You & I would fight & I once told you
 to piss off - you were not too happy ~~at~~
 with me that day? ~~I was lazy, I didn't~~
~~that~~ ~~but~~ ~~you~~ ~~pushed~~ ~~me~~ ~~then~~ ~~presence~~ your
 presence would make my skin crawl & I
 pretty much stopped talking to you.

When you're 14 years old it's
 expected that ~~attitude~~ a bad attitude is
 just because that's what 14 yr olds do.
~~the~~ Everything from that point on
 turned to shit & without going into details,
 I was a total different person, & did
 some crazy things & ^{took} ~~put~~ my family
 to hell & back.

As you didn't remember me, then you wouldn't remember ~~the~~ the ^{comments} things you used to say to me about my body wld make to me. Let me remind you - "Jesus Christ Simone, you've got big tits." "Look at the size of your arse, swimmers can't have big tits + fat arses - Get in the pool + work it off" Your opinion ~~of me~~, for some (unknown reason, mattered to me + this was said on a regular basis. ~~I~~ I didn't realize at the time but ~~I~~ ^{now realize} it hurt - a lot.

I never realized what you had done to me that day until many years later + was quite devastating to ~~come to ter~~ deal with. so I didn't deal with it.) I spent the next ~~6~~ ⁸ yrs living yet ~~I~~ hating myself. ~~I've been~~ ~~stuck~~ ~~in~~ ~~through~~ ~~so~~ ~~much~~ ~~to~~ ~~my~~ ~~self~~ ~~esteem~~ ~~has~~ ~~been~~ ~~+~~ ~~still~~ ~~is~~ ~~so~~ ~~low~~ ~~when~~ ~~the~~ ^{day} ^{me} police knocked on my door to discuss what you did to me, was ~~I~~ one of the worst days of my life. I knew what it meant - A long period of numerous emotions + I knew ~~deep~~ ~~down~~ you would never be punished. I would fight a losing battle because you're "S Volk" hence why I never stood up for myself earlier. And I was right. ~~I should have stayed~~
~~B. But I did what I decided~~

to proceed with my statement, not because I thought you would be found guilty. I KNOW that wouldn't be the case. I did it because I wanted you to know what you did to me as a 12 yr old girl ~~what was~~ WRONG. I ~~just~~ wanted you to ~~be~~ ~~so~~ recognize & be sorry. I wish you could live as me & feel ~~the way I feel~~ think the way I do. REALLY FEEL all the anger, intense sadness, & nothingness that I feel EVERYDAY. To battle with yourself. ~~to be so sad that you wish~~ ~~to wish you could have just one day~~ where you didn't think or feel anything. ~~to wonder why I did wrong~~

Obviously unrealistic & your arrogance tells me you will never recognize what you did hence you will never be sorry..

When things go wrong in my life it's not like I sit here & think - well if it wasn't for Scott. ~~my~~ this wouldn't have happened. ~~It very rarely crosses~~ ~~my~~ mind. It doesn't happen like that. What has happened is you took advantage of ~~a 12 yr old me~~ ~~you~~ ~~took away~~ ~~invaded my personal space~~ when you did that you ~~also~~ took away my trust, my innocence, & the love I ~~had~~ ~~had~~ for myself. ~~Which~~ ^{that} actually does affect the way ~~that~~ I live my life & will for the REST of my life. I now live in fear of ~~someone~~ ^{people} like you

~~So why don't you stop being so up
yourself?~~

You're sick & I feel sorry that you don't even think you're actions were wrong. How do you justify it to yourself? What if someone did it to your girls? How would you feel???

I'm not a vindictive person - I'm actually quite the opposite. It saddened me to think you could possibly go to jail. ~~I know what goes on there~~ But I did what I should have done a long time ago & the only thing I regret is giving you the opportunity to get on T.V and say such horrible things about me (& Julie & Kylie) when you have NO idea what it's like to be me - ~~you're a disgusting action waste~~ ~~the reason it got to that disgusting actions~~ put ^{us} you in that position & still you have no shame.

~~How do you sleep at night?~~

There are ~~so~~ so many girls that you have done things too. ^{As you should know} You're just lucky they don't have the guts that us three girls do. ~~You know how~~ ~~there are many more~~. All I ~~know~~ want to know is how do you sleep at night?