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LAJ s background is in education, crisis counselling and management of trauma counselling units at Employee Assistance Programs. LAJ has over thirty years experience in counselling. She has a busy private psychological practice in Canberra. She specialises in treatment of people affected by psychological trauma and treats veterans, victims of crime and survivors of abuse. She also treats other clinical presentations such as depression, anxiety, and personality disorders and is highly experienced in the area of pain management.

LAJ s doctoral studies in clinical psychology at Charles Sturt University focussed on resilience to psychological trauma. She has a Masters Degree in counselling, a Bachelor of Education majoring in Psychology, and a Diploma in Teaching. She has provided professional development in trauma counselling for a number of Canberra organisations such as Relationships Australia, the ACT branch of the Australian Psychological Society, Centacare counsellors and EASACT/Davidson Trahaire. She has also provided advice on the treatment of trauma to the Department of Veterans' Affairs

LAJ is a member of the Australian Psychological Society (No. RED), the Australian College of Clinical Psychologists, the Australian Society for Traumatic Stress Studies and the International Society of Traumatic Stress studies. She is a registered psychologist with a specialty in clinical psychology (AHPRA No: REDACTED). For a short time she was the ACT chapter representative for the Australian Society for Traumatic Stress Studies. However, she ceased this role when she was appointed to the ACT Psychologists Registration Board in early 2003. She then became the deputy chair of the ACT Psychologists Registration Board.

has tutored in counselling and communication skills at the University of Canberra and has conducted training programs for the School of Professional Management at the University of Canberra. She undertook substantial voluntary work in Lifeline Canberra from 1975 to 1986. She is a past committee member of the ACT Family Therapy Association and was the ACT correspondent for the Australian Journal of Family Therapy. She was also part of an Australian Psychological Society task group who liaised with the ACT Bushfire Recovery Centre to provide psychological treatment to people who have been traumatised by the Canberra bushfires in early 2003.

LAJ has presented papers on psychological trauma to various bodies including:

The Australian Society for Traumatic Stress Studies;

The Australian Psychological Society;

- The Centre for Cultural Risk Research at Charles Sturt University;

The Australian Centre for Post-traumatic Mental Health;

The Centre for Post-traumatic Mental Health;

Vietnam Veterans' counseling service; and

ACT Mental Health.

In the 1990s, LAJ presented papers on the management of violence in adolescents to school counsellors in the ACT, the Australian and New Zealand Journal of Family Therapy and the National Centacare Conference - "Violence in Families" at Macquarie University.