

Section 3 Appendix 6



Catholic Education Office Diocese of Toowoomba

**6a. Student Protection Brochure for Students
6b. Student Protection In-service for
Students Overview**

(In-service developed by St Joseph's College)

September 2005

My Code for Keeping SAFE

1. Unwanted Touching:

Hugs, kisses and touching that make me feel uncomfortable, embarrassed or scared must never be kept secret.

2. BODY:

My body belongs to me and no one can touch it in ways that make me feel uncomfortable, embarrassed or scared.

3. NO:

It's OK to say NO if someone tries to touch me in ways that make me feel uncomfortable, embarrassed or scared. It doesn't matter who they are even if it is a teacher, coach, priest, minister, pastor you worker, parent, relative, a bigger person or another child or young person.

4. YELL:

It's OK to yell out loud if I am scared and need help, just the same if there was a fire, a car accident or any other emergency. Touching can be on sort of personal emergency where it is OK to yell and tell.

5. TELL

I must tell a grown-up if someone has told me to keep a secret about a touch that has made me feel uncomfortable, embarrassed or scared. Never keep secrets about these kinds of touch.

6. SECRETS

Unsafe secrets are those secrets that some says 'you mustn't tell'; they last a long time; they make you feel uncomfortable, embarrassed or unsafe; can involve a threat that something bade will happen if you tell.

Safe secrets are those which can be kept for a short time and are safe; usually have a happy outcome; are always told eventually; do not involve someone touching your body.

ACT SMART - FOLLOW

THE CODE FOR KEEPING SAFE

We All Have the Right to Feel Safe



Your business tag line here.

Tel: 555 555 5555

Sometimes children and young people don't feel safe around other young people and adults. There are times when other students and adults act in a way that might make them feel unsafe, embarrassed, scared and or confused.

REMEMBER:

NOTHING IS SO AWFUL THAT WE CANT TALK TO SOMEONE WE FEEL SAFE AROUND AND WHO WE BELIEVE WILL HELP US TO BE SAFE.

Some adults I can tell and go to for help:

- **Parents**
- **Family Members**
- **Teacher**
- **School counsellor**

Sometimes we can't tell people in our family about feeling unsafe because ti is too embarrassing or we feel scared. At school there are SPECIAL PEOPLE

who look after students who are feeling unsafe or scared. They are called

STUDENT PROTECTION

CONTACTS.

They know how to get help for students.

Our Student Protection

Contacts are:

Name: _____

Name: _____

Other people you can talk to:

Kids Helpline: 1800 55 1800

Police: _____

Dept. of Child

Safety: _____

Commission for children and Young People and Child

Guardian:

07 3247 5145

Toll free= 1800 113 611

IN AN EMERGENCY YOU

CAN PHONE: 000

Student Protection

Creating a safe and caring school community

Gospel Values

- Love
- Peace
- Respect
- Tolerance
- Honesty
- Empathy
- Compassion
- Forgiveness

Caring Communities

- Spiritual beliefs
- Social values
- Our School Ethos
- Rights (Principles)
- Responsibilities
- Rules
- Consequences

Types of Behaviour

- Positive
- Inappropriate
- Harmful

Positive Behaviour

- You're shown respect
 - People accept you
 - People speak nicely
 - People act fairly
- You feel
 - Welcome
 - Valued
 - Accepted

Inappropriate Behaviour

- You're not shown respect
 - People speak rudely
 - Minor bullying
 - Class disruption
- You feel
 - Worried
 - Annoyed
 - Offended

Harmful Behaviour

- You are treated badly
 - Abuse (physical, emotional, sexual)
 - Serious bullying (harass, defame, slander)
 - Discrimination (racial, sexual)
- You feel
 - Unwell, Powerless, Angry
 - Depressed, Confused, Anxious

**Everyone has the right
to feel SAFE**

**Nothing is so awful
that you can't talk to
someone about it**

**What to do if things
go wrong?**

- Tell
 - School Protection Contact, a trusted friend, teacher, counsellor
 - (think of 5 people you could approach)
- Leave a note

How will they help you?

- They will
 - Listen, talk and help sort it out
- What if the behaviour is harmful?
 - The School Protection Contact or Counsellor will help
 - They will report it to the Principal
 - The Principal will take action - to keep you safe!