

NATIONAL COMMITTEE FOR PROFESSIONAL STANDARDS**PSYCHOLOGICAL ASSESSMENT REPORT POINTS**

1. Developmental History (clinically relevant factors)
2. Event
3. Trauma impact profile: Primary trauma
 Secondary trauma
4. Diagnostic (or not) categories
5. Veracity of reported
6. Therapeutic intervention – recommendations

3 a) Primary Trauma

Event: X did Y
 Beliefs: I am worthless
 Emotions: Dirty
 Body Sensation: Sick in Stomach
 SUDS (0-10): Subjective unit on distress scale
 0 = no impact; 10 = maximum impact
 Goal: I feel clear of this event and open to the future.

3 b) Secondary trauma

- i) Effect on: family relationships
- ii) Effect on: intimate relationships
- iii) Effect on: self-esteem
- iv) Effect on: trust
- v) Effect on: power/competence