

This is Exhibit "U" to the Statement of  
JOAN KATHERINE ISAACS

Dated: 23 OCTOBER 2013

*JK Isaacs*

**Lynn O'Donoghue**  
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7<sup>th</sup> April 2000

To Whom it May Concern

I have been working with Mrs Joan Isaacs to address her trauma and depression relating to issues which became the subject of a court matter 1998.

Mrs Isaacs , a genuinely honest and courageous woman, has worked diligently to master emotions of depression, anxiety and fear, which she has developed as a result of her negative experience.

Some of her fears are so severe she has developed a phobia about a number of everyday events. She has also experienced nightmares on a frequent basis.

Although she has made significant progress, a number of her fears are deeply rooted and clearly she will require on- going work for a period of time. This is the assessment of both myself and Dr Donald Grant psychiatrist.

This woman has enormous integrity, and would not "over use" any system . It goes without saying that I would not be party to unnecessarily extending the number of sessions beyond what a client required.

For these reasons, you can be assured that the number of counselling sessions Mrs Isaacs receives, will be based entirely on that number which she requires to assist her to manage her symptoms in a more comfortable way.

*Lynn O'Donoghue*

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