

Health & Wellbeing Centre – Counselling Service

Initial Assessment – Student Interview

Date of Interview: 27/3/06

CLF	
Student's Name:	
Address:	REDACTED
Boarder / Day Student / Crystal Creek	
Phone:	
Age:	D.O.B. REDACTED Class 10 A
Guardian's Name:	EAL f EAM
Guardian's Contact Details:	h REDACTED
Mo	REDACTED
Fz	REDACTED
Presenting Problem: Multiple somatic complaints of unknown origin (see attached)	
Student's conceptualization of problem: little insight - highly suggestable - agreed that somatic complaints may be due to stress. Ⓢ Raised concerns of feeling unsafe due to bullying. REDACTED REDACTED	
Description of problem from other sources:	

**Current living situation:**

lives with guardians. Several other children in household (Note: complete Geneagraph next session).

**Schooling:**

unknown

**Behavioural concerns:**

REDACTED  
 Described [REDACTED] as her boyfriend, also [REDACTED] Previous altercation [REDACTED]  
 REDACTED [REDACTED] REDACTED  
 REDACTED [REDACTED]

**Health concerns:**

Multiple somatic complaints  
 Concerned about weight - asked to arrange appointment w dietitian (TAIHS) to develop eating + exercise plan.  
 Discussed exercise strategies.

<p><b>Drugs/alcohol/medications:</b>  REDACTED REDACTED  Smoker (tobacco).  Currently on antibiotics for abdominal pain.</p>
<p><b>Self-care / coping strategies:</b>  Few coping strategies. Explored use of exercise.</p>
<p><b>Familial Support:</b>  Close relationships <math>\bar{c}</math> relatives @ school.  High involvement <math>\bar{c}</math> family.  In contact <math>\bar{c}</math> parents.</p>
<p><b>Inter-agency involvement:</b>  none at present  Referral to TAIHS.</p>
<p><b>Other concerns:</b> see interview notes attached.  Implement case management strategies.  Somewhat flattened affect - needs monitoring.</p>