

Health & Wellbeing Centre
Record of Interview

Date: 27/3/06 Time: 12:00
 Name: CLF Community: _____
 Year Level: 10 Day/Boarder: _____
 Referred by: Katrina Price Interviewed by: CLF

Interview Summary: Presenting Issue: ^{CLF} has had a history throughout the term of presenting to sick bay with numerous somatic complaints. Recently admitted to TTH ? appendicitis - no diagnosis. Nurse concerned about possibility of a psychosomatic origin.
^{CLF} also disclosed to a teacher on Friday (24/3) that she did not feel safe at school.

Understanding of problem: Described recent stressors - bullying @ school. Concerned about rumours that she had had sex w/ 6 boys recently. Denied any truth to rumours. Main concerns of weight. limited insight into relational issues.

Strategies: ^{CLF} Explored ^{CLF} desire to change behaviours. ^{CLF} REDACTED

REDACTED
 REDACTED

Views
 'Shalom as a chance to start afresh, but fears having repeated similar

Record of Interview (continued)

patterns. Some contradictions in dialogue.
 Began cybernetic approaches to begin
 behavioural changes. Used roadway
 metaphor to illustrate effects of behavioural
 choices.

Weight loss - priority for action for ^{CLF}
 Related to Katrina - will make appointment
 in TAIHS.

Consented to further sessions.

Goals for next session:

- ① Construct genograph
- ② construct lifeline.

Possible future goals:

- ① Improve social/relational skills,
 particularly in female peers.
- ② protective behaviours
- ③ weight loss.
- ④ Develop coping strategies.