

I pray that you will be able to let go & really experience the love & mercy, the peace & joy of God. He wants you to be free & to trust in his goodness & mercy. Let go of the chains that bind you & truly celebrate this gift of life.

I ask that you continue to pray for me that I will be given the grace & strength to let go too, of all my past hurts, my woundedness & brokenness. I don't want anger, shame & guilt to be the ruler of my life. I want to be in charge but I realise I am weak, & I can't do it on my own.

Perhaps it would be healing for both of us to meet in person again, when God sees fit. If it is what he wants maybe he will see that it happens. Maybe he has other plans – the future is in his hands.

Be at peace knowing that I do forgive you from my heart. May God who loves us both showers his blessings upon us & may we really know & enjoy his peace & joy.

Remember, I have forgiven myself may you have the courage to forgive yourself.

I also ask that you find it in your heart forgiveness for me for my hurt and pain I have caused you over the years.

I have shared this letter with my husband it has his blessing too.

Please continue to pray for me

Sincerely