

FEMALE CHILDREN'S CHANGE ROOM



Ask where the bathroom, changing areas, kitchen, rest spaces, studio and costume areas are.

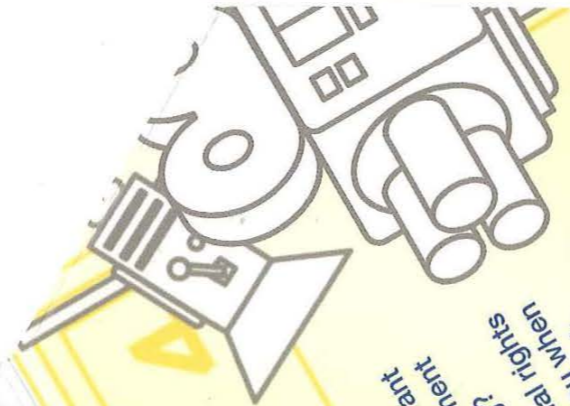
Tell the adults if you have a food allergy or foods that you do not eat.



Make sure you have a trusted adult - like your mum or dad, grandparent, aunt, uncle, or a brother or sister if they are over 18.

To find out more go to [www.kidsguardian.nsw.gov.au](http://www.kidsguardian.nsw.gov.au) or call our Children's Employment Team on 02 8219 3600

Office of the Children's Guardian



Do you work in, or want to be in, entertainment or modelling? You have special rights that protect you when you do this work.



Don't overdo it. You must have 10 minutes of rest for each hour of work. After 4 hours you must be given an hour's break.



Being smacked or hit is not allowed. You must not expose or be near anyone else with exposed private parts.




# Office of the Children's Guardian



If you are a school student you cannot be employed during school hours, unless your Principal agrees.

You must be taken home after you finish work.



Working means you get money or a gift to do acting, singing, being a model or an extra in a film or television.




Be careful of selfies and don't take photos without permission — if people are under 16 ask their parent or guardian.

## Make sure you look after you!



You do not have to do anything that you don't want to, or feel uncomfortable about.

If you feel sad or frightened you need to speak to your trusted adult.



If you are worried or unsure about what you are being asked to do, tell your parent or trusted adult, the unit nurse or children's supervisor.