

# Sexuality, Sexual Health and Behaviour



Course Title:	Sexuality, Sexual Health and Behaviour
VETtrak Code	
Course Purpose:	This is a course that educates employees on what sexuality is, sexual health and sexual behaviours in order to communicate and manage client behaviour appropriately.
This course is suitable for:	All employees who work in Family Support & Out of Home Care.
Learning Outcomes:	<p>At the end of the training period the individual should be able to:</p> <ul style="list-style-type: none"> <li>- Understand specific sexuality definitions and terminologies;</li> <li>- Understand the sexual identity models in order to assist clients gaining an understanding about themselves;</li> <li>- Gain insight into the mental health implications of peoples sexuality;</li> <li>- Have an understanding of the statistics and implications of sexual abuse for people;</li> <li>- Have an understanding of the correlation between sexual abuse and people with an intellectual disability;</li> <li>- Have an understanding of signs of indicators of people who are sexually abused;</li> <li>- Know how to respond appropriately to disclosures;</li> <li>- Understand the interpretation of the law in relation to sex;</li> <li>- Gain an understanding of some of the statistics associated with youth and sexual activity;</li> <li>- Respond to questions about sexuality and sexual health;</li> <li>- Be aware of age appropriate sexual awareness;</li> <li>- Assess and address inappropriate sexual behaviour;</li> </ul>
Duration of course:	1 day
Method of Delivery:	Facilitated workshop. The facilitation of this workshop is limited to Clinicians only.
Facilitator Resources(these can only be accessed through the limited access resource library):	<a href="#">Sexuality, Sexual Health and Behaviour Powerpoint</a> <a href="#">Sexual Stages activity for Facilitator</a> <a href="#">Traffic light handout</a> <a href="#">Laminated cards for activity</a>

