

Human Formation in Holy Spirit Seminary

Human formation is covered largely in two week-long workshops, one at the beginning of each semester. Weekly sessions of one hour duration are held throughout each semester. Here are some of the topics covered on a rotational basis. The topics are being adjusted and expanded each year.

- Relationships, Intimacy and Friendships
- Appropriate Boundaries and Professional Standards
- Dimensions of Personality: the challenge of integration
- Sexual Orientation
- Chaste Celibacy
- Family of origin
- What is stress and the positive ways of dealing with stress
- Friendship: its importance in the life of a priest, and how to form holy and lasting friendships

Integrity in Ministry and *Towards Healing* are each covered in a two day intensive followed by weekly one-hour sessions over each semester. We work through the documents with examples and opportunities for questions and discussion.