

2014 Student Wellbeing Programs

	Year 5	Year 6	Year 7	Year 8	Year 9	Year 10
T1	Organisation BGS History/Values Friendship Sun Smart	Organisation BGS History/Values Resilience (courage) Sun Smart	Organisation Friendships Growth Mindset (study skills)	Values Growth Mindset John Cantor (study skills)	BGS policies Growth Mindset John Cantor (study skills)	Peak Performance -Nutrition (Sally Garrard) -Exercise & Sleep (Rachel Jones) -Neuroscience (QLD Brain Institute) -Study skills (Old Boys)
T2	Bullying (Child Protection Policy) Digital Citizenship Brett Lee Resilience	Bullying (Child Protection Policy) Digital Citizenship Brett Lee	Team building with Character Strengths Digital Citizenship Brett Lee	Character Strengths Digital citizenship Brett Lee	Character Strengths Digital Citizenship Brett Lee	Character Strengths (Virtues) Digital Citizenship Brett Lee
T3	Healthy Living (PE curriculum) Leadership	Nutrition Healthy choices Leadership	Bullying (Child Protection Policy) Emotional Intelligence	Report Review Bullying (Child Protection Policy) Gratitude	Report Review Leadership & Mindfulness	Report Review Career Education (whole term)
T4	Mental Health Growth Mindset Transitions Drug & alcohol Paul Dillon	Mental Health Growth Mindset Transitions Drug & alcohol Paul Dillon	Healthy Living -Mental Health -Sun Smart -Drug & alcohol -Sex education Paul Dillon	Healthy Living -Mental Health -Drug & alcohol -Sex education Paul Dillon	Healthy Living -Mental Health -Drug & alcohol -Sex education (Child Protection Policy) Paul Dillon	Healthy Living -Mental Health -Drug & alcohol -Sex Education (Child Protection Policy) Paul Dillon

Student Wellbeing Strands: Leadership, Career Education, Healthy Living, Positive Education

Guest presenters: Paul Dillon (Drug & Alcohol), Brett Lee (Digital Citizenship), John Cantor (Growth Mindset), Peak Performance (Year 10) – 4 speakers