

Department of Community Services
Government of Victoria, Australia

D Tracy
Community Services Victoria
Winlaton Youth Training Centre
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Telephone (03) 878 5577



ref ENS:JND
contact DR E SLACK

25 May 88

Mrs Margaret Wagstaff
Regional Director
Outer Eastern Region
62 Charter Street
RINGWOOD Vic 3134

Dear Mrs Wagstaff

RE: OBJECTIVES OF WORK PERIOD 23.5.88 - 10.6.88
VENUE - OFFICE IN FLAT AT WINLATON YOUTH TRAINING CENTRE
PHONE - 878.5577 EXT. 361

The following are my Objectives for these three weeks. I am not certain in this limited time if I can develop each one with as full an outline for you as I'd like to do, but this work is clearly a first attempt. I've listed at the end of this note three Objectives with a short explanation after each one.

In reference to Objective III, I have enclosed a copy of a letter (dated 28.4.88) from Dr Peter Greenwood, Director of the Criminal Justice Program of the Rand Corporation in Santa Monica, California. Rand is a 20 year old U.S. research corporation with a very respectable reputation throughout the U.S. Peter was the invited U.S. speaker to the Australian Crime Prevention Council in Adelaide in August, 1987, with participation by the Governor-General, Sir Ninian Stephen, and the South Australian Attorney-General, C.J. Sumner. I spoke a couple of times to Peter from Florida, and while at Esalen Institute in California I made important and enthusiastically receptive contacts following upon Peter's comments (see 28.4.88 letter) about corrections and a possible conference in 1989 at Esalen. Esalen is expecting a letter from me (Objective III) with preliminary details about a corrections conference (approximately 20-25 people) financed by Esalen or some U.S. foundation, to be conducted in March 1989 at Esalen Institute, Big Sur, California. An Invitational Conference is the way in which Esalen highlights specific national and international issues and is a prestigious and effective way to initiate participation by significant persons on critical issues. I have also mentioned to Esalen the desirability of investigating whether there could be an exchange program set up for this 1989 conference which includes several Australians; then for March 1990 we could plan for a corrections conference here in Victoria for approximately 20-25 people which would be of benefit to the Americans to come to Australia and participate with us here.

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I would welcome an opportunity to speak to you during these three weeks about each of these three Objectives.

It's nice to be home in Victoria and I will talk to you again real soon.

Yours sincerely



DR EILEEN N SLACK

cc: Mr G Lord
Mrs M Minister
Mr A Gibb
Mr D Tracy

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OBJECTIVES

OBJECTIVE I

TO DEVELOP AND TEACH AN HOLISTIC MANAGEMENT TRAINING PACKAGE FOR USE BY VICTORIAN PUBLIC SERVANTS OF WINLATON YOUTH TRAINING CENTRE AND THE OUTER EASTERN REGION, FOR THEIR WORK WITH ADULTS AND JUVENILE OFFENDERS WITHIN INSTITUTIONAL-BASED AND COMMUNITY ORIENTED PROGRAMS.

An Holistic approach to rehabilitation has three aspects. First, such an approach (Holistic) involves expanding our focus within Community Services Victoria, and within our Region in particular, to include the many personal, familial, social and environmental factors that promote rehabilitation, prevent recidivism, and encourage and ensure justice. Second, an Holistic approach views the CSV client as an individually important human being, not as a symptom-bearing organism drifting into delinquency or committing serious crime. This latter attitude emphasises the self-responsibility of the person for his or her own rehabilitation and the importance of mobilising the person's own capacities rather than treating delinquency and crime only from their external manifestations. Third, the Holistic approach tries to make wise use of the many modalities (diagnostic, treatment and health) that are available in addition to the standard rehabilitation approaches with which we are all familiar. These additional modalities may include alternative systems such as nutrition, stress therapy, yoga, meditation, etc. as well as psychological techniques (assertiveness training) and physical (exercise) modalities. The Holistic approach within corrections with adult and juvenile offenders gives us a set of principles to guide our attitudes toward rehabilitation, our therapeutic and management practices as well as our relationships with our own body and mind, our CSV clients, the environment and health care. We within CSV ourselves must provide the integration with our clients.

OBJECTIVE II

TO DESIGN AND COORDINATE AN HOLISTIC HOUSEHOLD WITHIN A CORRECTIONAL MODEL TO BE FINANCED BY PARTNERSHIP PROVIDERS TO REDUCE THE RECIDIVISM RATE OF THE SERIOUS JUVENILE OFFENDER.

Victorian State and private foundations will be asked to participate in a partnership which finances a 12 month residential treatment program for 10 male and 10 female chronic youthful offenders.

OBJECTIVE II Cont'd.....

A contract which involves the court, a parent or significant person, and the teenager will be set up for each youth to reside either in 1) Winlaton Youth Training Centre or 2) a rural setting in an old sports or logging camp (Millgrove Camp in Warburton is vacant). The decision to go with setting 1) or 2) will rest with the Regional Director of the Outer Eastern Region. It is anticipated that our Victorian Holistic Centre will put together a fairly unique combination of more conventional treatment methods which, together with several of the Holistic modalities (mentioned below), may create a very strong program format for delinquent youth. Our program will combine elements of guided Triad group work with innovative approaches to family work, work experience and intensive after-care community supervision with patterns of program phases to indicate achievement by each teenager on assets or problem areas.

Dimensions of Holistic wellness within this household will include some of the following factors:

Nutrition Awareness	Tao Leadership Training
Touch Therapy	Literature
Meditation	Stress Management
Yoga	Self-Responsibility
Tai Chi	Environmental Sensitivity
Creative Writing	Twelve Step Programs
Music & Sound	Autogenic Therapy
Homeopathy	Use of Colour & Light
Physical Fitness	Oral & Dentistry, as well as
Therapeutic Use of Animals & Plants	Understanding of Death & Dying
Self-Help Daily Group Work	

It is anticipated that the inclusion of many, if not all, of these techniques within a program with youth, may offer a concise model that can be used not only to understand Holistic rehabilitation theoretically, but also that this model can be used practically in the management of teenagers in residence. It can have therapeutic effects within the lives of these youth. It is hoped that this program within the household will have a truly integrative approach, illustrating how all the modalities we employ in rehabilitation can be used in a unified manner to reduce recidivism among the chronic juvenile offender.

OBJECTIVE III

TO REQUEST FUNDING FROM THE USA WITHIN A THREE PAGE SUBMISSION TO MR MICHAEL MURPHY OF THE ESALEN INSTITUTE BOARD OF TRUSTEES AND TO MR STEVE DONOVAN, PRESIDENT OF ESALEN INSTITUTE, FOR SETTING UP AN ESALEN-SPONSORED SEVEN-DAY WORKSHOP (AN INVITATIONAL CONFERENCE) IN MARCH 1989 TO BE HELD AT ESALEN INSTITUTE, BIG SUR, CALIFORNIA.

Australians and Americans will be invited to attend this workshop. The topic of this Invitational Conference is:

PRISONS AND YOUTHFUL OFFENDER PROGRAMS:

AN HOLISTIC MANAGEMENT PERSPECTIVE INSIDE ADULT & JUVENILE CORRECTIONS
