

Progress report on Robert John Cummings

FROM: Mr. T. J. P. Verberne  
TO: Dr. D. Hibbs  
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Pt. was treated with a modified form of the Feldman & McCulloch method of aversion therapy.

Treatment started on 19/3/71, and between that date and the 17th of May, ten aversion sessions were ran.

Each session was terminated after a brief desensitization run for heterosexual fears and inhibitions.

In this manner both aversion and desensitization were combined in the one treatment.

Prior to treatment pt. reported that the number of h/s encounters he had varied on the average between 1 and 2 per week.

Records of h/s activity kept by pt. and periodically checked by therapist shows the following numbers of h/s encounters (using the method of overlapping blocks) :

<u>period</u>	<u>number:</u>
19/3-16/4	6
26/3-23/4	3
2/4 - 30/4	3
9/4- 7/5	2
16/4-14/5	1
23/4-21/5	1(?)

These data appear to show that pt's h/s activity has significantly decreased since the start of treatment.

Pt. also reports a concurrent increase in interest in girls.

As the treatment is a severe one it has been agreed that R. would have no further aversion therapy until further notice. This effectively has moved the treatment into the follow up stage.

R. will continue keeping a log of his h/s activity and report for the first f.u. interview on May 31st, 1971.

Finally, it may be of some interest to note that re-administration of the Semantic Differential showed that:

- (1) the conceptual distance between 'Self' and 'Heterosexuality' has greatly decreased, whereas the distance between 'Self' and 'Homosexuality' has increased, both relatively speaking and absolutely. The inference is that R's attitude has changed from being predominantly h/s to being predominantly heterosexual.
- (2) Perhaps reflecting on R's motivation is the fact that whereas on the first Sem.Diff. he put most distance between the concepts 'Self' and 'Ideal Self', on this occasion by far the largest distance occurs between 'Ideal Self' and 'H/S'.



Parkville Psychiatric Unit,  
Parkville