

Dear ^{CNF}

1/9/95

I am writing to you to say I'm sorry and to apologize for the harm I have done to you and to your mother, especially, and to ^{CNF} **REDACTED** and ^{CNF} **REDACTED** and to beg forgiveness of you and of them.

I have done little else over these past weeks except to think and try to understand. I knew in the abstract that it was wrong but somehow never translated that into the possibility of causing harm to you. I think what has now helped me to understand is the realization that a similar event in my own early life is at least partially responsible for my problem.

^{CNF} all I can say is that I would never consciously and deliberately do anything to cause you harm.

It causes great despair in me to know that in fact I have caused harm to those who have been so good to me and that I can't change what has happened.

There is no excuse and I make no claim to excuse but to say it wasn't deliberate.

^{CNF} **REDACTED** said I should get help and I'll search that out while in Sydney in October. I must say that over the years I have lost help in most "experts" in most fields and believe that people can best help each other. I know it's a great ask, and perhaps an impossible ask, but I believe the best chance is for the five of us to help each other. ^{CNF} **REDACTED** said it was unforgivably and I understand that, ^{CNF} **REDACTED** said it's too late for sorry and I can understand his anger also. One thing I have learnt is that if we don't try to forgive it destroys us.

CNF

please make sure [REDACTED] sees this letter as I don't want to do anything else behind her back. I did write to her a couple of weeks ago but I suppose understandably have had no reply. [REDACTED] said something about teaching you to drive as some sort of bribe or something. I can understand her feeling that way but I couldn't bear to have you believe that because it simply isn't true. You have been my best mate over many years and I have been proud to be your friend and would always do anything I could for you with no strings attached. I think in your heart you must know that this is true. My miserable and shameful weakness doesn't stamp out my genuine love for you and your family.

I'm so ashamed and confused that I'm not sure how I could face any of you even if you agreed to a reconciliation but I long for it from the bottom of my heart and nothing else really matters.

CNF

[REDACTED] said that you said to her that if you died she would get over it and she said she would never get over it. I can never get over the pain I have caused - and I don't deserve to get over it - but I'd like the chance to help you & your family be healed.

I do love you all and know I couldn't have got through the years at Leamouth without your love which makes my betrayal all the more terrible. I'm sorry, please try to forgive.

Vivie: