

Dear **AYB**,

Thank you for your recent letters and your honesty in sharing your reactions to our meeting. I admired your courage in going through the pain again and I had hoped that these might have been a greater outcome of relief. I am sorry to hear that the memories were worsened immediately after the long sharing.

I have heard nothing further from the facilitator and I was not sure whether you would be contacting her on Myolene, to pursue a further outcome to a healing process. From what you have shared, that may not be realistic to expect but I would be happy to speak again if you choose. You mentored support or counselling towards helping you cope for the future and I renew the offer to provide the cost that are entailed. It would be an immense relief for you to move on beyond these awful memories and I am sure that is what you want. I will continue to pray that you will be free from the burden those memories impose on you.

I have sent the letters on without reading them, trusting in your judgement

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in what you wrote. It will be up to XX or Bob as to whether they respond. I am sorry to hear your mothers birthday celebration was not the happiest one, I can understand in the circumstances. I will call and see them as soon as I can, I guess you considered it not the time for me to speak with your sisters or perhaps it was their choice.

Thanks you for the text of the meeting you enclosed and the letters, I will not be sharing them but rather keeping them on my private file.

AYB, I do hope you can find this support to take up your life again without the agony of the past your faith has been surly tested but I think it is stronger than ever, finding God in your way, it is not the faith of those who have hurt you, it is yours and in a God who alone knows the pain. Yet it is a God who says lets move on together on your way at your pace and will offer you unconditional love and strength.

May this God carry you, **RE** and your family.

Yours sincerely

Brain Heena