

# Southdown

RR Number 2  
Aurora, Ontario L4G 3G8  
Canada  
Telephone 416-727-4214

ATTENTION

BR. ALEXIS

August 15, 1989

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Brother Gregory Sutton, F.M.S.  
c/o Brother Alexis Turton, F.M.S.  
Marist Brothers Provincial House  
14 Drummoyne Avenue  
P. O. Box 138  
Drummoyne, N.S.W.  
Australia 2047

**CONFIDENTIAL**

Dear Brother Sutton:

An evaluation of physical health is scheduled as part of Southdown's comprehensive assessment program. Within 30 days before your arrival, please complete the following laboratory tests which will help us rule out subtle physical causes of psychological problems. Please bring the results with you.

1. Complete blood count with sedimentation rate,
2. Fasting blood sugar,
3. Blood urea nitrogen, serum creatinine
4. Thyroid profile,
5. VDRL,
6. Liver function profile,
7. ECG if you are 40 years of age or over.

Since medical conditions can have important implications in the diagnosis of psychological and behavioral disorders, would you also assist us with the most comprehensive account of your medical history available to you, including a current report of physical examination taken within the past year, and any past psychological/psychiatric testing.

Also, if you are on prescription medication at the time of assessment, would you please bring the medication with you in its original container.

Sincerely,

*S. Stokl/pch.*

S. Stokl, M.D., F.R.C.P.(C)

pk  
Emmanuel Convalescent Foundation

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## CONFIDENTIAL

August 15, 1989

Dear Brother Sutton:

You will be participating in the Assessment program at Southdown from August 27 to September 1, 1989.

You should plan to arrive some time Sunday afternoon or early evening to give yourself time to settle in before the work of the week begins. You will also have time for reflection and leisure. Be sure to bring comfortable clothing and if you enjoy swimming, a bathing suit.

When you arrive you should first go to the reception desk in the front hall. The person on duty there will give you an envelope containing your schedule for the week and tell you your room number in St. Luke's, a smaller farm house near to but separate from the main building. You should know that professional staff are not on site on weekends or evenings though one is always on call for emergencies. It is expected that you are able to be fairly self-sufficient in making your way about. You will find that both the receptionist and residents are helpful in answering any questions you may have.

During the week you have an opportunity to talk with four other professional staff, each of whom brings a particular expertise to bear - a psychiatrist, psychologist, spiritual counselor and an alcohol counselor. A battery of psychological tests provides additional information about personality dynamics to supplement interview data. We also routinely ask your Major Religious Superior to supply whatever background data that is considered to be helpful for understanding your problem.

Once information has been gathered, the Assessment Team assembles to analyze all findings and make appropriate recommendations. Before you leave, you will have two opportunities to discuss the evaluation results - once privately with a clinician and again with a clinician and the referring person from your Community. The purpose of these sessions is to make every effort to help you understand yourself and to assist others in understanding you, so that mutually agreeable plans can be initiated.

Sincerely,



Ruth Droege, O.P., Ph.D.  
Director, Assessment Program

P.S. - Once finalized, please advise Patricia Kett at Southdown of your travel plans.

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580 Steven Court  
R. R. # 3

RELIABLE TAXI  
NEWMARKET(1978) LIMITED

093-5161  
881-9444

Airport Pick-Up Procedures

To: All Southdown Visitors

When your flight lands and you have collected your luggage, please proceed to the arrivals level outside platform and see the commissionaire at the pre-arranged taxi stand.

Tell him you have a pre-arranged pick-up with Reliable Taxi.

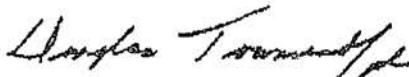
He will then contact the taxi waiting compound from which we will be dispatched to proceed with your pick-up.

If your flight is delayed do not worry. We monitor all airlines and your car will be there waiting for you. Should you have any problems obtaining your taxi, please call us collect at 881-9444.

WE WILL NOT LEAVE WITHOUT YOU, PLEASE DON'T LEAVE WITHOUT US.

Have a good flight and thank you for travelling with Reliable Taxi.

Yours truly,



Douglas Townsend  
General Manager

N.B. No payment is required. The taxi fare will be billed to Southdown.