



# PROHIBITION ON THE USE OF STILNOX AND CERTAIN RELATED HYPNOTIC MEDICATIONS

RIO 2016 OLYMPIC GAMES

DIRECTION FROM THE AOC AND CHEF DE MISSION

The Australian Olympic Committee (the **AOC**) is committed to the health and wellbeing of our athletes. Accordingly, on 3 July 2012 the AOC Executive determined that **use of the following hypnotic medications is prohibited for all members of Australian Olympic Teams:**

- nitrazepam (including but not restricted to the brand name “Mogadon”);
- flunitrazepam (including but not restricted to the brand name “Rohypnol”); and
- zolpidem (including but not restricted to the brand name “Stilnox”).

This prohibition is in force for the duration of your membership of the 2016 Australian Olympic Team (the **Team**), commencing on the date of your selection until midnight on 24 August 2016 AEST.

The prohibition applies irrespective of your whereabouts during this period and, for the avoidance of doubt, is therefore in force prior to your arrival at the Olympic Village.

Information and resources regarding healthy sleep strategies, relaxation and meditation techniques, and other drug-free approaches, are available to all athletes upon request from the Team Medical Director, Dr David Hughes ([david.hughes@ausport.gov.au](mailto:david.hughes@ausport.gov.au)).

Members of the Team are reminded that the 2016 Australian Olympic Team Membership Agreement (the **Team Membership Agreement**):

1. prohibits Team members from using, attempting to use, having in their possession, attempting to have in their possession, trafficking or attempting to traffic a “drug of addiction”, “poison” or “restricted substance” as defined under the *Poisons and Therapeutic Goods Act 1966* (NSW);
2. enables the AOC and its authorised officers to, in the presence of a third party,:
  - (a) search the bags or other possessions of Team members that have been brought into the Olympic Village, an Olympic Venue, or are otherwise in their possession or under their control at any time while they are a member of the Team, in order to determine whether an athlete is using or possesses a prohibited substance or method prohibited under the World Anti-Doping Code, or a “drug of addiction”, “poison” or “restricted substance” as defined under the *Poisons and Therapeutic Goods Act 1966* (NSW);
  - (b) seize any substance or method or evidence of the use of a prohibited substance or method which the AOC, the Chef de Mission or any authorised officer suspects is prohibited under the World Anti-Doping Code, or a “drug of addiction”, “poison” or “restricted substance” under the *Poisons and Therapeutic Goods Act 1966* (NSW); and
  - (c) analyse or investigate any suspected substance or method or evidence of the use of a substance or method.

For the avoidance of doubt, the hypnotic medications listed above fall within the definition of a “drug of addiction”, “poison” or “restricted substance” as defined under the *Poisons and Therapeutic Goods Act 1966* (NSW).

Failure to comply with this direction will be regarded as a breach of the Team Membership Agreement.

If a breach of this direction and thus the Team Membership Agreement occurs during the Games Period (that is, from 24 July to midnight on 24 August 2016 AEST), the breach and any disciplinary sanctions will be determined by the Chef de Mission in her sole and absolute discretion. The sanctions may include but are not limited to:

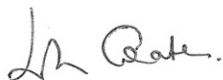
- (a) termination of membership of the Team;
- (b) a requirement to leave the Games and the Games Accommodation;
- (c) exclusion from competition at the Games;
- (d) cancellation or impounding of Games identity card or accreditation;
- (e) a requirement to take or not take such action as deemed appropriate by the Chef de Mission;
- (f) imposing financial penalties in respect of AOC financial or other support provided; and
- (g) such other measures as may be determined by the Chef de Mission.

If a breach of this direction and thus the Team Membership Agreement occurs at any time other than during the Games Period (that is, from the date of your selection to midnight on 23 July 2016 AEST), the breach and any disciplinary sanctions will be determined by the AOC Executive (or its authorised delegate(s)) in its sole and absolute discretion. Where the matter is not determined until after the conclusion of Team membership, the sanctions may include, but are not limited to:

- (a) ineligibility for selection to any future Australian Olympic Team;
- (b) early discharge from this and/or any future Australian Olympic Team;
- (c) imposing financial penalties in respect of AOC financial or other support; and
- (d) such other measures as may be determined by the AOC Executive.

To the extent that the AOC, the AOC Executive or the Chef de Mission requires information in order to determine whether there has been a breach of this direction and to consider the most appropriate disciplinary sanction(s), Team members must comply with their obligations under the Team Membership Agreement.

Dated: 28 August 2015.



**JOHN COATES AC**  
**AOC PRESIDENT**



**KITTY CHILLER**  
**CHEF DE MISSION**

\* To be dated to coincide with the release of the 2016 Team Membership Agreement.