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Michael Elliott
Director of Professional Standards

28th March 2011

Dear Michael,

RE: ^{CKA}

Six treatment sessions have now been provided since our telephone conversation on 17/2/11. Sessions have continued to focus on building therapeutic safety for ^{CKA} to deal with the issues and consequence of childhood abuse by Church clergy. Up until recently ^{CKA}'s primary anxiety and distress has focussed on the trauma of his earlier disclosure not being believed by church authorities. In many ways, this issue has clouded his ever really being able to address the abuse itself.

During the course of treatment so far, the focus has been on dealing with his anger and the deep wounding effects of feeling betrayed and not being supported by the church. He is progressing through letting go of much resentment and hurt around this. As a consequence of his healing journey, he is now starting to dealing with the issue of the abuse itself.

This has resulted in ^{CKA} disclosing that there were more incidents that occurred, in addition to the one already disclosed. Understandably, ^{CKA} has been hesitant to disclose these other events prior to now, as he has felt too vulnerable and feared being rejected, shamed and disbelieved as he was the first time.

This is a crucial time in ^{CKA}'s treatment, as he is starting to feel safe, stronger and supported enough to deal with all of his earlier abuse experiences. Therefore, a further six sessions are requested to allow ^{CKA} to continue receiving treatment for this complex trauma.

Thankyou for your support and understanding.

Yours Sincerely,

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Psychologist